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# UK Standards for Microbiology Investigations

**Review of Users' Comments** received by Working Group for Microbiology Standards in Clinical Bacteriology

## **B 9 Investigation of Throat Related Specimens**





Recommendations are listed as ACCEPT/ PARTIAL ACCEPT/DEFER/ NONE or PENDING

Issued by the Standards Unit, Microbiology Services, PHE RUC | B 9 | Issue no: 2 | Issue date: 15.04.15 Page: 1 of 6

## 1<sup>st</sup> Consultation 14.05.14 – 02.06.14

### Version of document consulted on - B 9dn+

### PROPOSAL FOR CHANGES

Comment Number	1			
Date Received	15/05/2014	Lab Name	York Hospital	
Section	4.5.1			
Comment				
		ions: Routine: Blood ag <i>icum</i> . Could we get clar	ar anaerobic incubation	
b. By looking at the culture table, is it better to say for all swabs blood agar - incubate anaerobically for haemolytic strep (Table first section saying - all swabs Second section leaving as it is). My reason is pharyngitis and tonsillitis appears on both sections and creates confusion as to which section to follow.				
Financial Barriers				
No.				
Health Benefits				
No.				
Recommended	a. NONE			
Action The table in section 4.5.1 explains all standard medi the clinical conditions men incubation and the second supplementary media that conditions.		s all standard media that ical conditions mentione ion and the second sec nentary media that show	at should be plated under ed as well as their tion shows all	
	incubat suppler incubat	nentary media needed	37°C for 16-24hr and the are Hoyle's tellurite agar 16-48hr and blood agar	
	b. NONE			
	scope of to all sv			

Comment Number	2		
Date Received	27/05/2014	Lab Name	Golden Jubilee National Hospital

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Section	Introduction page 10	
Comment		
Sense check required for	or first sentence under Fusobacterium necrophorum.	
Evidence		
see p10 of draft B9 doc	ument.	
Financial Barriers		
No.		
Health Benefits		
No.		
Recommended Action	ACCEPT This sentence has been corrected to read correctly.	
	This sentence has been concluded to read concelly.	

Comment Number	3		
Date Received	30/05/2014	Lab Name	Truro, Cornwall
Section	4.5.1		
Comment			
Page 19 - 4.5.1 Clinical details column, 5-7 days, how do you define persistent sore throat or Quinsy when testing for <i>F. necrophorum</i> .			
Recommended Action	<b>NONE</b> This was discussed and it was agreed by the Working Group that it should be left as it is and not changed.		

Comment Number	4			
Date Received	01/06/2014	Professional Body	Healthcare Infection Society	
Section	Other causes of pharyngitis page 10 <i>Fusobacterium necrophorum</i> section			
Comment				
The first sentence of this paragraph appears to include the extra word 'antibiotic' or else some words are missing from the sentence.				
Financial Barriers				
No.				
Health Benefits				

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No.	
Recommended	ACCEPT
Action	This sentence has been corrected to read correctly.

Comment Number	5		
Date Received	02/06/2014	Professional Body	UK CMN
Section	4.6.1 & 6	1	
Comment			
		ote needed regarding ID in imn atement in the text).	nunocompromised
<ul> <li>Section 6 New PHE guidelines on diphtheria just published: 'Public health control and management of diphtheria (in England and Wales). Interim guidelines. Diphtheria Guidelines Working Group, PHE, London, 2014.'</li> </ul>			
Financial Barriers			
No.			
Health Benefits			
No.			
Recommended	a. ACCEI	РТ	
Action	immun statem <i>isolate</i> s	otnote regarding identification i ocompromised individuals has ent has been phrased as "Yea s from patients who are immun r require identification and susc	been added. The st and fungal ocompromised
	b. ACCEI	т	
	This ne to sect	ew PHE guidelines on diphtheri ion 6.	a has been added

## 2<sup>nd</sup> Consultation 18.08.14 – 22.09.14

## Version of document consulted on – B 9 and P 3 merged di+ PROPOSAL FOR CHANGES

Comment Number	1		
Date Received	20/08/2014	Lab Name	Microbiology Aberystwyth
Section	Pharyngitis / Tonsillitis, Table 5.4.1 - <i>Fusobacterium</i> necrophorum		
Comment			

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This section sounds a little dated now, and the word 'acute' could certainly be added to recurrent and persistent. Evidence suggests that diagnosing and treating *F. necrophorum* throat infections early (ie primary infection) will prevent the development of more serious disease, eg Lemierre's or peritonsillar abscess, as well as preventing recurrent or persistent infection (which the vast majority of F. necrophorum infections go on to become). In our own (as yet unpublished) studies, we achieved an isolation rate of 15-16% in all throat swabs - higher even than Group A Strep - and the commonest clinical information given was 'acute tonsillitis', with the second highest 'recurrent tonsillitis'.

Mention should be made of the commonest age range of patients with *F. necrophorum* (adolescents / young adults). In Viborg, Denmark (the leading centre for research into F. necrophorum), all patients between the age of 10 and 40 are screened. *F. necrophorum* has now been identified in asymptomatic patients using PCR, but the evidence suggests that it is carried in far lower numbers than in symptomatic patients also, culture of F. necrophorum is very rare in asymptomatic individuals. Re Table 5.4.1, only the word 'persistent' is used but not 'recurrent' for circumstances under with we should look for F. necrophorum. Our All Wales SOP was unfortunately based on this table and not the accompanying background info. Luckily, my lab manager has added the 'recurrent' to our local Throat Swab SOP, but this is not the case for most labs in Wales. In my opinion (and most others who have worked in this field) not culturing in patients with recurrent sore throats will result in massive under-detection of *F. necrophorum* - ie large numbers of symptomatic patients being incorrectly told that their swabs are negative. I realise that there is a cost burden to laboratories, and also training is an issue (happy to help!), but are we not duty bound to come up with the right answer?!

#### Evidence

I sent these comments quickly (and off the top of my head!) as I didn't want to miss the deadline. I have quite a few references, and there is plenty of ongoing research in this field. Most agree though that we need to take *F. necrophorum* much more seriously. Discussion with the Anaerobe Reference Lab in Cardiff would also be beneficial.

#### **Financial Barriers**

Yes.

#### **Health Benefits**

If the criteria for culture of *F. necrophorum* were widened, then a significant number of patients suffering from (often debilitating) acute / recurrent / persistent sore throats would be correctly diagnosed by microbiology labs, leading to more effective antibiotics being issued where necessary (another area that needs to be looked at). Furthermore, this could prevent a small proportion of these patients from developing serious illness, eg peritonsillar abscess or Lemierre's disease. Overall, this could provide a cost benefit to the country, as a large number of work days are lost to sore throats annually, and fewer visits to GPs could result if recurrent / persistent infections are effectively treated. Furthermore, I believe that *F. necrophorum* plays an important role in the pathway to tonsillectomy - but more research is required in this area.

Recommended Action

#### PARTIAL ACCEPT

This was discussed with the Working Group members and it was agreed that *F. necrophorum* is still not considered as

significant when screening throat swabs routinely.
Relevant information has been included in the introduction.

## RESPONDENTS INDICATING THEY WERE HAPPY WITH THE CONTENTS OF THE DOCUMENT

Overall number of comments: 6			
Date Received	15/05/2014	Lab Name	Southampton City Clinical Commissioning Group
Date Received	15/05/2014	Lab Name	Nottingham NUH
Date Received	19/05/2014	Lab Name	Royal Oldham Hospital
Date Received	31/05/2014	Lab Name	Microbiology
Date Received	21/08/2014	Lab Name	Public Health wales
Date Received	19/09/2014	Lab Name	Truro Microbiology