Staging Systems

Malcolm Mason UICC TNM Core Group and Cardiff University, UK





Staging Systems

- 1943 Pierre Denoix, IGR
- UICC Committee 1950s
- 1968 First edition, Livre de Poche
- Other systems e.g. Dukes, FIGO
- 1987 Unification of AJCC and UICC







• 2017 – first signs of divergence?...

AJCC and UICC

- Cross-representation on key committees
- UICC members on AJCC Expert panels
- AJCC Chairman an editor of UICC 8th edition





FIGO and UICC

- FIGO representation is strong on UICC
- Timing of FIGO updates may differ from UICC; but changes are then adopted into next UICC edition





Stage

- Is it a noun?
 - "This is stage III disease..."
- Is it a verb?
 - To stage a patient....
- What does it mean to patients?
 - "Is it just in the prostate, or has it escaped?"
- What does it mean to Public Health Professionals?

STAGE: Who are the stakeholders?

- The healthcare team
- Cancer Registries
- Health Departments
- Epidemiologists
- Patients???

To treat or to control cancer....

• What is it?

• How much of it is there?

• How bad is it?

To treat or to control cancer....

• What is it?

- How much of it is there? THESE ARE NOT THE SAME THING
- How bad is it?

Stage implies a sequential process – e.g.....

• Cancer starts in the organ of origin

THEN

• It spreads to local tissues

THEN

• It invades lymphatics or blood vessels

THEN

• It colonises lymph nodes or other organs

The original philosophy behind "stage"?

- Stage I: tumour in the organ of origin only
- Stage II: involvement of regional lymph nodes
- Stage III: locally advanced disease or non-regional lymph node involvement
- Stage IV: distant metastatic disease

...but things have changed.

To treat or to control cancer....

• What is it?

• How much of it is there?

• How bad is it?

What is it?

The International Statistical Classification of Diseases and Health Related Problems

Tenth Revision

Volumen 1

PAN AMERICAN HEALTH ORGANIZATION Pan-American Sanitary Office, Regional Office of THE WORLD HEALTH ORGANIZATION

WHO Classification of Tumours of the Lung, Pleura, Thymus and Heart

Edited by William D. Travis, Elisabeth Brambilla, Allen P. Burke, Alexander Marx, Andrew G. Nicholson















(ф) wно



How much of it is there?

- Cancer stage is the ANATOMIC EXTENT OF DISEASE
- Classified using TNM
- Summarised as Stage Group (typically I, II, III, IV)



How bad is it?

- Depends on many factors:
 - Host related (e.g. age, co-morbidity)
 - Environment-related (e.g. availability of treatment)
 - Disease-related, i.e. biology

• THESE ARE NOT FIXED PARAMETERS

Prognostic classifications are crucial for optimum treatment

T1c N0M0 prostate adenocarcinoma, Gleason score
6, PSA 3.5

 T3a N1M1 prostate adenocarcinoma, Gleason score 8, PSA 220

Treatment depends on WHAT it is, HOW MUCH of it there is, and HOW BAD it is

WE ALL AGREE THAT WE NEED PROGNOSTIC CLASSIFICATIONS

Some concepts

- T-, N-, M- category, NOT "T-stage, N-stage, Mstage"
- Clinical and pathological staging
- TNM Stage applies to the initial presentation ONLY
- For UICC: Stage and Stage Group refer to the anatomical extent of disease
- "Re-staging", after initial management or on relapse, requires different terminology (e.g. y- or rprefixes)

TNM- a critics view of the critics



Tumour profile – the UICC view



.....but some historical contradictions...

- Grade in soft tissue sarcomas
- Age in thyroid cancers
- Tumour marker levels in GTT.....

.....gradually changing

AJCC Vision

... and Where It Fits in the 8th Edition:



AJCC and UICC TNM are not the same

- AJCC has 'Prognostic Stage Groups'
- UICC has 'Stage Groups' and 'Prognostic Grids'
- Some categories in AJCC do not exist in UICC
 - e.g. Subdividsion of T1 into T1a and T1b for seminioma
- The AJCC manual is a comprehensive text on full work-up of a patient
- UICC retains the Livre-de-Poche



Aims to be comprehensive

Meets the needs of US Academic centres

Use is mandatory in US

Goal is personalised medicine



Aims to be succinct

Meets the needs of the worldwide community

Use is as determined locally

AJCC – Breast Cancer: over 60 categories

Prognostic Stage Groups – Table Format										
When T is	And N is	And M is	And G is	And HER2 Status* is	And ER Status is	And PR	Status TI St	ien the Prognostic age Group is		
Tis	N0	M0	1-3	Any	Any	Any	0			
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	1907	MO	10	Negative	Decition	Decisions	10			
F1	NU NU	MO	1-2	Negative	Positive	Positive	14			
ri	When T is	And N is	And M is	And G is	And HER2 Status* is	And ER Status is	And PR Sta	tus Then the Pr Stage Grou	rognostic p is	
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10-1 [0-1	T3	N1-2	M0	2	Positive	Positive	Positive	IB+++		
F0-1		N/0	100							
10-1	11	200	NO	1	Negative	regative	Negative	IIA		
1. W.C	TI	When T is	And N is	And M is	And G is	And HER2 Status* is	And ER Status is	And PR Status	Then the Prognosti State Group is	
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1-2	TI	T3	N1-2	MO	2	Positive	Positive	Positive	IB***	
n .	T0-1	-	200	1.00			-			
F1	T0-1	11 Ti	NU	MO	1	Negative	Negative	Negative	ILA	
E1	TO-1	11	NO	MO	-	regative	Negative.	Negative	IIA	
F1	T0-1	11	N0	NO	3	regative	Positive	Degauve	IIA	
ri -	T0-1	11	190	MO	3	Negative	regative	Positive	lia	
ri -		11	140	MO	3	rvegative	regative	regative	IIA	
n	T0-1	T0-1	NImi	MO	1	Negative	Negative	Negative	IIA	
	TO-I	T0-1	N1mi	MO	2	Negative	Negative	Negative	IIA	
F0-1	T0-1	T0-1	N1mi	MO	3	Negative	Positive	Negative	IIA	
T0-1	T0-1	T0-1	NImi	M0	3	Negative	Negative	Positive	IIA	
T0-1	tool .	T0-1	NImi	M0	3	Negative	Negative	Negative	IIA	

Prostate Cancer – 8th edition.....





T1c Solitary 1 mm focus PSA 3.2 Gleason 4 + 5

STAGE III (AJCC)

T4 N0 M0 Locally extensive disease PSA 44 Gleason 4 + 3

STAGE III (UICC)

"Why does it keep changing?" The need for improvement

- New and emerging evidence
- Improvements in treatment
- Changes in tumour biology (e.g. HPV)

Managing and minimising change

- Changes only if absolutely necessary (e.g. compelling new evidence): Annual literature watch
- Backwards compatibility: older data must be interpretable. Keep the structure constant
- Changes must be applicable and relevant worldwide: Periodic revisions

Organisation – UICC TNM





TNM National Committees

TNM National/Regional Committees Covering 59% of world population

UICC TNM Core Group



- Meets annually in Geneva, with the major subgroups and National Committee Chairs
- Includes partner organisations: AJCC, FIGO, WHO, IARC, IACR, IASLC, ICCR,
- 2016 meeting also included ISUP and SIOP
- Other meetings as necessary e.g. Global Consultation on Cancer Staging, London, Feb 2017

The Literature Watch



- A formal, systematic literature search
- First pass review conducted internally
- Second stage review by full evaluation committee permanent members
- Selected papers sent to International Expert Panel members



From 2017.....







Improving the TNM classification: Findings from a 10-year continuous literature review

Colleen Webber^{1,2}, Mary Gospodarowicz³, Leslie H. Sobin⁴, Christian Wittekind⁵, Frederick L. Greene⁶, Malcolm D. Mason⁷, Carolyn Compton^{8,9}, James Brierley³ and Patti A. Groome^{1,2}

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Essential TNM

- In development
- For use in LMIC, where cancer registry data are scarce
- Pilot phase completed (Africa)
- Localised/regional/extensive/advanced/metastatic categories

Essential TNM: Breast Cancer Example



Final thoughts: 1. Core data sets are not the same as TNM

- Core data sets may contain more information than TNM – rightly so. BUT NOT LESS
- Raw data should be stored in a form whereby stage data (and other data) can be extracted.
- Whichever staging system is used it should be recorded; and translation to another system should be possible.





UN global cancer control

UNION FOR INTERNATIONAL CANCER CONTROL

TNM Classification of MALIGNANT TUMOURS

Eighth Edition

A MEMBERSHIP ORGANISATION

Edited by James D. Brierley, Mary K. Gospodarowicz and Christian Wittekind



8th Edition published 2016