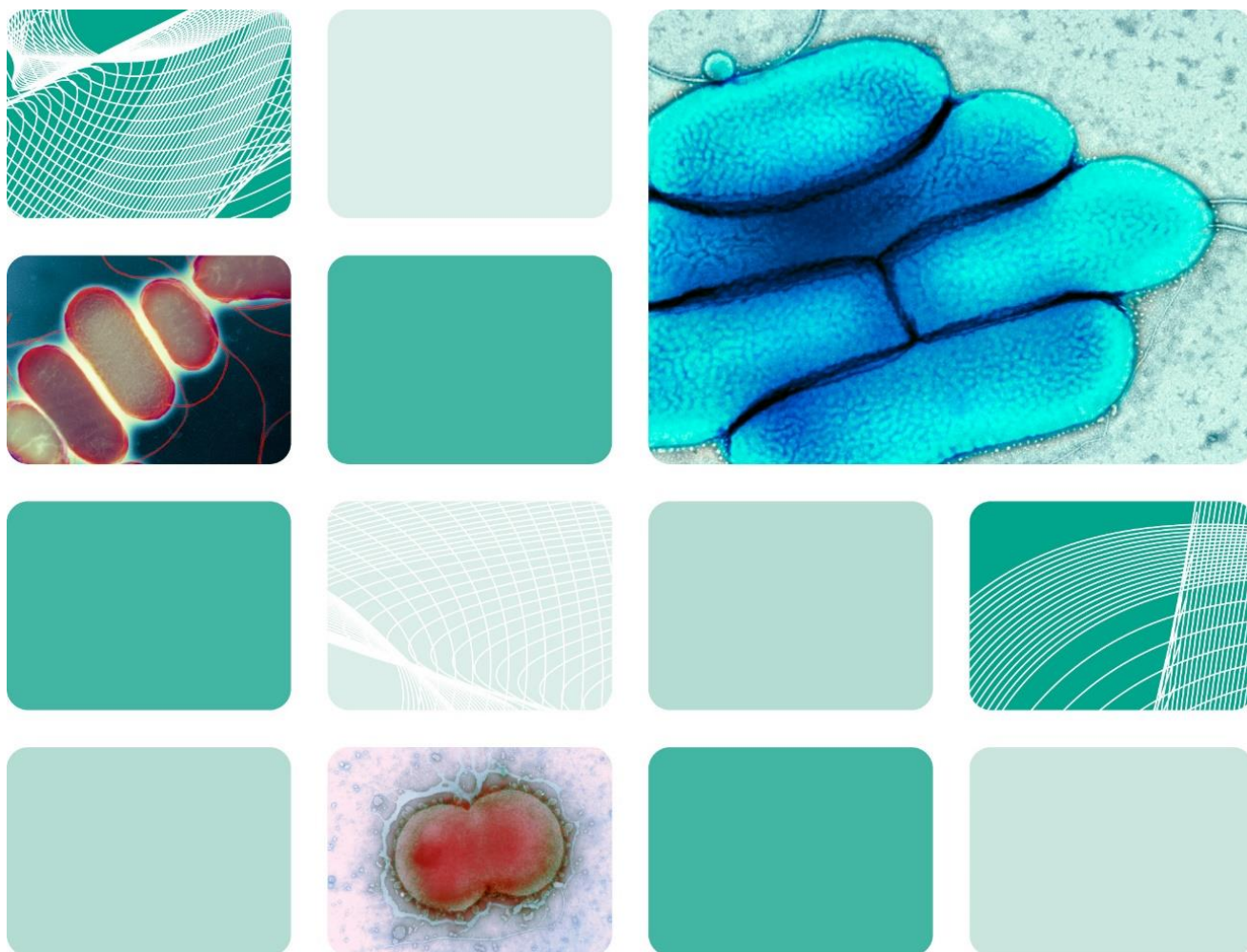




UK Health
Security
Agency

UK Standards for Microbiology Investigations

Identification of anaerobic cocci



Acknowledgments

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Pathology Network, Northern Ireland

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GIG | Iechyd Cyhoeddus
CYMRU Cymru
NHS | Public Health
WALES Wales

RCGP Royal College of
General Practitioners

The Royal College of Pathologists
Pathology: the science behind the cure

SAM
Society for Anaerobic Microbiology

Scottish Microbiology
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Contents

| | |
|--|-----------|
| Acknowledgments..... | 2 |
| Contents..... | 3 |
| Amendment Table | 4 |
| 1 General information..... | 6 |
| 2 Scientific information | 6 |
| 3 Scope of document | 6 |
| 4 Introduction..... | 6 |
| 5 Technical Information/Limitations | 12 |
| 6 Safety considerations | 12 |
| 7 Target organisms..... | 13 |
| 8 Identification | 13 |
| 9 Presumptive identification of anaerobic cocci..... | 19 |
| 10 Reporting..... | 20 |
| 11 Referral to reference laboratories | 21 |
| 12 Public Health responsibilities of diagnostic laboratories | 21 |
| References..... | 22 |

Amendment table

Each UK SMI document has an individual record of amendments. The amendments are listed on this page. The amendment history is available from standards@ukhsa.gov.uk.

Any alterations to this document should be controlled in accordance with the local document control process.

| | |
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| Whole document. | <p>This is an administrative point change.</p> <p>The content of this UK SMI document has not changed.</p> <p>The last scientific and clinical review was conducted on 04/02/2015.</p> <p>Hyperlinks throughout document updated to Royal College of Pathologists website.</p> <p>Public Health England replaced with UK Health Security Agency throughout the document, including the updated Royal Coat of Arms</p> <p>Partner organisation logos updated.</p> <p>Broken links to devolved administrations replaced.</p> <p>References to NICE accreditation removed.</p> <p>Scope and Purpose replaced with General and Scientific information to align with current UK SMI template.</p> |

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| Page 2. | Updated logos added. |
| Introduction. | <p>The taxonomy of Anaerobic Gram negative cocci and Anaerobic Gram positive cocci have been updated.</p> <p>More information has been added to the Characteristics section. The medically important species are mentioned.</p> <p>Section on Principles of Identification has been updated to include the MALDI-TOF.</p> |
| Technical Information/Limitations. | Addition of information regarding Agar Media, metronidazole susceptibility, commercial identification systems and MALDI-TOF MS. |
| Target Organisms. | The section on the Target organisms has been updated and presented clearly. |
| Identification. | <p>Updates have been done on 3.2, 3.3 and 3.4 to reflect standards in practice.</p> <p>Section 3.4.3 and 3.4.4 have been updated to include MALDI-TOF MS and NAATs with references.</p> <p>Subsection 3.5 has been updated to include the Rapid Molecular Methods.</p> |
| Identification Flowchart. | Modification of flowchart for identification of Anaerobic cocci has been done for easy guidance. |
| Reporting. | Subsections 5.3 have been updated to reflect the information required on reporting practice. |
| Referral. | The addresses for reference laboratories have been updated. |
| Whole document. | Document presented in a new format. |
| References. | Some references updated. |

*Reviews can be extended up to 5 years where appropriate

1 General information

[View general information](#) related to UK SMIs.

2 Scientific information

[View scientific information](#) related to UK SMIs.

3 Scope of document

This SMI describes the characterisation of anaerobic cocci bacteria.

Anaerobic spore-forming organisms are described in:

[UK SMI ID 8 - Identification of Clostridium species](#)

Anaerobic Gram negative rods are described in:

[UK SMI ID 25 – Identification of Anaerobic Gram Negative Rods](#)

[UK SMI ID 15 – Identification Actinomyces species](#)

[UK SMI ID 10 - Identification of Aerobic Actinomycetes](#)

This SMI should be used in conjunction with other SMIs.

4 Introduction

4.1 Taxonomy

Anaerobic Gram negative cocci

There are four genera included in the anaerobic Gram negative cocci, but only three of these are known to cause infections in humans at the time of issue; *Acidaminococcus*, *Megasphaera* and *Veillonella*.

Anaerobic Gram positive cocci

The classification of the anaerobic Gram positive cocci is continually changing with the addition of new species and reclassifying species into new genera¹. There are currently six genera of anaerobic Gram positive cocci which may be isolated from humans. These include *Peptostreptococcus*, *Peptoniphilus*, *Parvimonas*, *Finegoldia*, *Anaerococcus* and *Peptococcus*. The majority of human isolates are *Peptostreptococcus*, *Peptoniphilus* and *Anaerococcus*².

4.2 Characteristics

Anaerobic Gram negative cocci

The medically important species are:

Veillonella species

There are currently 13 species and 7 subspecies of this genus³. A few of the subspecies have been reclassified within the genus. They are the only Gram negative anaerobic cocci which are mostly isolated from human clinical material and are rarely found in pure culture. *Veillonella* species are small asaccharolytic cocci occurring as diplococci and in short chains, measuring approximately 0.3-0.5µm in diameter. They are non-motile and are non-spore formers. Their nutritional requirements are complex but CO₂ is required for growth. Their optimum growth temperature is 30-37°C. These species fluoresce red on exposure to ultraviolet light (365nm), but this is medium dependent and may fade in a few minutes on exposure to oxygen. They are oxidase negative and catalase negative, but some species produce an atypical catalase lacking porphyrin. They ferment pyruvate, lactate, malate, fumarate and oxaloacetate but not carbohydrates and polyols. Indole is not produced and nitrate is reduced to nitrite⁴.

They are found in the mouth, in the intestinal and respiratory tracts of man. They have been implicated with rare cases of meningitis, osteomyelitis, pleuropulmonary infections, endocarditis and periodontal disease⁵.

Megasphaera species

There are currently 5 species within this genus⁶. Cells are cocci, 0.4-2.0µm or more in diameter and occurring in pairs or occasionally in chains. They are strictly anaerobic and non-motile and are non-spore formers. Growth occurs at 25-40°C but generally not at 45°C. They are catalase and indole negative. Lactate and Glucose are fermented with the production of lower fatty acids, CO₂, and some H₂⁷.

On blood agar, the colonies are circular, convex, shiny, translucent with a smooth surface and approximately 0.5-1.0mm in diameter, non-pigmented and non-haemolytic. They are slightly rough and adherent to butyrous.

They are found in the faeces and intestine of man as well as other clinical specimens such as abscess⁸.

Acidaminococcus species

There are currently 2 species within this genus⁹. Cells are cocci, 0.6-1.0µm in diameter, often occurring as oval or kidney-shaped diplococci. They are strictly anaerobic and there is no growth on the surface of agar media incubated in the air. Their optimum growth temperature is 30-37°C. Their nutritional requirements are complex. Colonies on blood agar are generally about 0.1-0.2mm in diameter and are round, entire, slightly raised, and whitish grey or nearly transparent, non-pigmented and non-haemolytic. They are also oxidase negative and catalase negative. Amino acids, of which glutamic acid is the most important, could serve as the sole energy source for growth. Acetic and butyric acids and CO₂ are produced; propionic acid and hydrogen are not produced¹⁰.

Identification of anaerobic cocci

They have been isolated in the intestine of man as well as from other clinical samples¹¹.

Anaerobic Gram positive cocci

The medically important species are:

Peptococcus species

The genus *Peptococcus* now contains only one species, *Peptococcus niger*¹². Typically, cells are 0.3-1.3µm in diameter arranged singly, in pairs or clumps, and it grows very slowly. They are non-motile. On blood agar, colonies appear like tiny black pearls, round, smooth and glistening, and non-haemolytic. Black pigment is produced after five days incubation, but is lost on subculture. However, in meat infusion-peptone agar deep, black colonies were formed by both fresh isolates and strains that would no longer form pigment on blood agar plates¹.

They are catalase positive and do not ferment carbohydrates. They are differentiated from *Peptostreptococcus anaerobius* by their inability to ferment carbohydrates and black pigmentation on blood agar.

It has been isolated from human clinical specimens – navel swab, rectal abscess and vaginal area swab.

Peptostreptococcus species

There are currently 4 validly published species within this genus, of which only 2 species cause infections in humans - *P. anaerobius* and the recently identified *P. stomatis*¹³. Cells are non-motile cocci and coccobacilli. They vary in size from 0.3-2.0µm and are usually arranged in chains, pairs, tetrads or clumps; most species are present either as chains or clumps. Most species retain Gram stain well, but some present a characteristic decolorized appearance after incubation for 48hr. Growth on enriched blood agar is more rapid than with other species of Gram positive anaerobic cocci (GPAC); most strains form distinctive colonies, 1mm in diameter after 24hr, which are grey with slightly raised off-white centres and which usually give off a distinctive, sickly sweet odour. They are weakly saccharolytic, catalase and indole negative. Nitrate is not reduced to nitrite.

It has also been isolated from abscesses from a wide range of human clinical specimens including the brain, ear, jaw, pleural cavity, blood, spinal and joint fluid and pelvic, urogenital and abdominal regions. It is mostly associated with mixed infection sites but there have been some reports of isolation from pure culture¹.

Peptoniphilus species

The genus *Peptoniphilus* now contains 12 validly published species, of which 10 species have been isolated from human clinical specimens¹⁴. Cells are non-motile cocci and they may occur in pairs, short chains, tetrads or small clusters. On blood agar, colonies are grey, convex, circular, entire, opaque, 2 - 3mm with a whiter central peak. Carbohydrates are not fermented. The major metabolic end-product from peptone/yeast extract/glucose (PYG) medium is butyric acid. The indole test results are strain-dependent. Species are coagulase negative except *Peptoniphilus indolicus*¹⁵.

These species are often isolated from various human clinical specimens such as vaginal discharges, ovarian and peritoneal abscesses. It has also been isolated from human sacral ulcer and from a human lachrymal gland abscess¹.

Parvimonas species

The genus *Parvimonas* now contains only one species, *Parvimonas micra*¹⁶. Cells are non-motile cocci occurring in chains. They do not ferment carbohydrates and are indole, coagulase and urease negative. Their colonies have a diameter of 1mm and are usually white in colour, domed, glistening and typically surrounded by a yellow-brown halo of discoloured agar up to 2mm wide on enriched blood agar plates. This species can have 2 colony types; a smooth-colony (S) morphology, which is recognizable by white, dome-shaped, mucous colonies; and a rough-colony (R) morphology, which produces dry white colonies with wrinkled edges. These two morphology types are serologically distinguishable; the S colony type represents serotype a, while the R colony type represents serotype b. Both types can be isolated from sub-gingival plaque samples; the R type is always isolated in association with the S type, whereas the S type can also be isolated alone¹⁷.

They are isolated from dental plaques in most periodontitis patients. It is often isolated from other oral infections, such as endodontic lesions and peritonsillar infections. This species is also commonly isolated from abscesses associated with mixed anaerobic infections throughout the human body; cases of polymicrobial pulmonary and cerebral abscesses, female genital tract infections, and endocarditis infections¹.

Finegoldia species

The genus *Finegoldia* now contains only one species, *Finegoldia magna*¹⁸. Cells vary from 0.8 – 1.6µm in diameter and occur predominately in masses but occasionally in pairs or short chains. The growth rate in vitro is relatively slow. On enriched blood agar for 2–5 days, colonies range 1–2mm in diameter. The colour of the colonies is most frequently translucent, but can vary from white to grey and even yellow.

Acetic acid is the major fermentation product and most strains produce weak acid from fructose and only a few strains from glucose¹. Peptones and amino acids can be used as major energy sources. Coagulase, indole and urease are not formed.

It has been frequently isolated from human pathological specimens, particularly infections of skin, soft tissue, bone and joint¹⁹⁻²¹. It has also been isolated from an abdominal wound¹. This organism has been associated with multiple clinical syndromes - including cardiac and pulmonary infections, such as native and prosthetic valve endocarditis, pericarditis, mediastinitis, necrotizing pneumonia, empyema, skin, soft tissue and musculoskeletal infections including necrotizing fasciitis, septic arthritis, native and prosthetic joint infections and polymicrobial vaginosis²¹.

Anaerococcus species

There are currently 7 validly published species and they all affect humans²². Cells are non-motile cocci that are in pairs, tetrads, irregular masses or chains. Individual cells vary in size from 0.6-0.9µm in diameter. Colonies on blood agar plate at 5 days are grey, flat or low convex, entire, circular, often matt, 1-2mm in diameter with whiter centres. They metabolise peptones and amino acids and the major metabolic end-products are butyric acid, lactic acid and small amounts of propionic and succinic acids. Most species are able to ferment several carbohydrates, but most are weakly fermentative. Glucose, fructose, sucrose and lactose are major fermentative sugars. Most species do not produce indole and are also urease and coagulase negative¹⁵.

Members of the genus are typically isolated from the human vagina and various purulent secretions¹⁵.

Other Gram positive cocci associated with human infection are;

Atopobium species

There are five species within this genus²³. Gram stains revealed small Gram positive non-motile cocco-bacilli or elliptical found as single elements or in pairs or short chains. They are non-spore formers and grow only under anaerobic conditions (at 25-45°C) as tiny greyish non-haemolytic colonies. They are also known to produce large amounts of lactic acid from carbohydrates fermentation. They are indole, catalase and urease negative.

Atopobium species are members of the human commensal microbiota which have been reported only rarely in oral infections, abdominal wounds, blood, and pelvic abscesses, and in most instances, these bacteria were found associated with other microorganisms²⁴. It has also been isolated from women with a tubo-ovarian abscess and from a healthy patient²⁵.

Coprococcus species

There are three species within this genus²⁶. Cells are non-motile, cocci which usually occur in pairs. Cells may decolorize easily, particularly in media containing a fermentable carbohydrate. Cells were usually round, and 0.7-1.3µm in diameter; they could be slightly elongate in peptone-yeast extract (PY)-glucose cultures. On blood agar incubated for 2 days anaerobically, surface colonies are punctiform, circular, entire, convex, translucent, whitish, smooth, shiny, and without haemolytic activity²⁷.

They actively ferment carbohydrates, producing butyric and acetic acids with formic or propionic and/or lactic acids unlike ruminococci. Fermentable carbohydrates are either required or are highly stimulatory for growth and continued subculture unlike *Peptococcus* and *Peptostreptococcus* whereas peptones are used as a nitrogen source.

It can be isolated from human faeces²⁷.

The type species is *Coprococcus eutactus*.

Ruminococcus species

There are 18 species within this genus, 11 of which have been reclassified to the genera *Blautia* and *Trichococcus*²⁸. Cells are non-motile cocci occurring in chains or pairs and do not produce spores. They can ferment cellulose and other carbohydrates with the production of succinic acid. On agar, cells look almost spherical and 0.8-0.9µm in diameter. They also produce yellow pigment on cellulose. They are catalase, indole and urease negative.

These species occur in vast numbers in rumen of cattle and sheep, and probably also in that of other ruminants and in caecum and colon of herbivorous mammals²⁹. It has also be isolated in human faeces²⁷.

The type species is *R. flavefaciens*.

Sarcina species

There are two species within this genus – *Sarcina maxima* and *Sarcina ventriculi*³⁰. Cells are cocci and have a cuboidal cell arrangement. On blood agar, colonies are pale yellow, 2-4mm in diameter, and were usually surrounded by a yellow halo in the medium.

Identification of anaerobic cocci

They ferment carbohydrates and reduce nitrates. The main difference between the two species are that *S. maxima* has no extracellular cellulose and produces butyric acid from glucose, whilst *S. ventriculi* has extracellular cellulose and produces ethanol and not butyric acid from glucose.

They have been isolated from gastric contents and faeces of patients with gastro-intestinal disorders and it has also been reported to be found in faeces from healthy adults³¹.

Blautia species

There are currently ten species within the genus of which nine species have been isolated in human faeces (*Blautia coccoides*, *Blautia faecis*, *Blautia hansenii*, *Blautia hydrogenotrophica*, *Blautia luti*, *Blautia producta*, *Blautia schinkii*, *Blautia stercoris* and *Blautia wexlerae*)³².

Cells are non-motile coccoid or oval shaped, pointed ends are often observed. Spores are not normally observed, but may be produced by some strains. Colonies on blood agar are 1–2mm in diameter, grey with a white centre, umbonate and opaque with entire edges.

They are chemo-organotrophic and obligately anaerobic having a fermentative type of catabolism. Some species use H₂/CO₂ as major energy sources. The major end products of glucose metabolism are acetate, ethanol, hydrogen, lactate and succinate. They are indole and catalase negative but are positive for urease³³.

The type species of the genus is *Blautia coccoides*.

Murdochiella species

The genus *Murdochiella* now contains only one specie, *Murdochiella asaccharolytica*, which is the type species³⁴. Cells are cocci and non-motile. Cells are 0.5–0.6mm in diameter and occur in pairs and short chains. They are obligately anaerobic. Colonies on blood agar plates at 5 days are grey, flat or low-convex, circular, entire, white and opaque with a diameter of 2–3mm.

They are Indole positive, catalase and urease negative. Nitrate is not reduced. Carbohydrates are not fermented. In broth, major amounts of lactic acid and moderate amounts of acetic, butyric and succinic acids are produced.

They have been isolated from human wound specimens³⁵.

4.3 Principles of Identification

Colonies are usually isolated on fastidious anaerobe agar with or without neomycin or blood agar incubated anaerobically. Colonies may be characterised by colonial morphology, Gram stain reaction and sensitivity to metronidazole. Some species may require longer than 48hr incubation to produce visible growth. Some anaerobes are susceptible to neomycin; all samples from normally sterile sites should be cultured on neomycin selective agar and a non-selective agar. Identification tends to be undertaken only if clinically indicated.

Classification of many anaerobes to species or even genus level requires additional biochemical tests such as fluorescence under long wave UV light (365nm), pigment production, carbohydrate fermentation tests or metabolic end product analysis by GLC. Further identification may be undertaken, using commercial kits. Full molecular

Identification of anaerobic cocci

identification using for example, MALDI-TOF MS can be used to identify anaerobic cocci isolates to species level.

Identification of clinically significant or unusual organisms may be carried out by the Anaerobe Reference Laboratory, Cardiff.

5 Technical Information/Limitations

Agar Media

Neomycin agar is used as a selective medium for anaerobes, but in certain instances because of the inhibitory aspects of the agar some anaerobes may not grow.

Metronidazole susceptibility

In the clinical diagnostic laboratory, susceptibility to metronidazole is frequently used as an indicator of an anaerobe being present in a clinical specimen. However, an increasing number of metronidazole resistant anaerobes (eg *Peptostreptococcus* species, *Anaerococcus* species, *Atopobium vaginae*) are being recorded and these organisms may be missed by such an approach. It is important to consider the possibility of involvement of anaerobes regardless of metronidazole susceptibility in certain clinical specimens or situations where anaerobes are suspected^{36,37}.

Commercial Identification Kits

Databases accompanying commercial kits are often incomplete or inaccurate, and with a rapid increase in the number of newly described anaerobic cocci species, this will become more of a problem. In addition, the interpretation of test results involves substantial subjective judgement eg *Anaerococcus vaginalis* being misidentified as *Anaerococcus tetradius* or *Anaerococcus prevotii*, as well as *Atopobium vaginae* which are not readily identified by commercial diagnostic kits and so results are interpreted with caution and in conjunction with other test results^{25,38,39}.

MALDI-TOF MS

MALDI-TOF method has special importance in routine identification of pathogens that require long incubation times for isolation and are biochemically inactive, such as anaerobic bacteria. However, its ability to identify anaerobic species currently is not as robust as it is for the routine species-level identification of other groups of bacteria; therefore, the use of additional confirmatory testing will likely be necessary for some time to come. There is also a need for existing databases to be expanded and optimised to improve accuracy^{40,41}.

6 Safety Considerations ⁴²⁻⁵⁸

Refer to current guidance on the safe handling of all organisms documented in this SMI.

Laboratory procedures that give rise to infectious aerosols must be conducted in a microbiological safety cabinet.

The above guidance should be supplemented with local COSHH and risk assessments.

Compliance with postal and transport regulations is essential.

7 Target Organisms

Anaerobic Gram-Negative Cocci^{4,8,11}

***Veillonella* species reported to have caused human infection**

V. parvula, *V. atypical*, *V. dispar*, *V. montpellierensis*, *V. rogosae*, *V. tobetsuensis*

***Acidaminococcus* species reported to have caused human infection**

A. fermentans, *A. intestini*

***Megasphaera* species reported to have caused human infection**

M. elsdenii, *M. micronuciformis*

Anaerobic Gram-Positive Cocci^{1,36,59}

***Peptococcus* species reported to have caused human infection**

P. niger

***Peptoniphilus* species reported to have caused human infection⁵⁹**

P. assacharolyticus, *P. harei*, *P. ivorii*, *P. lacrimalis*, *P. gorbachii*, *P. olsenii*, *P. coxii*, *P. duerdenii*, *P. koenoeneniae*, *P. tyrrelliae*,

***Peptostreptococcus* species reported to have caused human infection**

P. anaerobius, *P. stomatis*

***Anaerococcus* species reported to have caused human infection**

A. prevotii, *A. octavius*, *A. hydrogenalis*, *A. tetradius*, *A. vaginalis*, *A. murdochii*, *A. lactolyticus*

***Finegoldia* species reported to have caused human infection**

F. magna

***Parvimonas* species reported to have caused human infection**

P. micra

Other Genera of Anaerobic Gram Positive Cocci Reported to have Caused Human Infection^{24,25,27,31,33,35,36,60}

Atopobium parvulum, *Atopobium minutum*, *Atopobium rimae*, *Atopobium vaginae*, *Coprococcus eutactus*, *Coprococcus comes*, *Coprococcus catus*, *Sarcina ventriculi*, *Ruminococcus champanellensis*, *Ruminococcus faecis*, *Ruminococcus gauvreauii*, *Blautia hansenii*, *Blautia producta*, *Blautia hydrogenotrophica*, *Blautia luti*, *Murdochiella asaccharolytica*

Other species may be associated with human disease.

8 Identification

8.1 Microscopic appearance

Gram stain [UK SMI TP 39 - Staining Procedures](#)

Anaerobic Gram positive cocci

Identification of anaerobic cocci

Peptostreptococcus, *Peptococcus* and *Peptoniphilus* species are cocci arranged in chains, pairs, tetrads or clumps.

Parvimonas species are cocci occurring in chains.

Finegoldia species vary in size and occur predominately in masses but occasionally in pairs or short chains.

Anaerococcus species are cocci that occur in pairs, tetrads, irregular masses or chains.

Other Anaerobic Gram positive cocci

Atopobium species are small Gram positive coccobacilli or elliptical found as single elements or in pairs or short chains.

Coprococcus species are cocci; occasionally ovoid, usually occur in pairs.

Ruminococcus and *Murdochella* species are cocci occurring in pairs or chains.

Sarcina species are cocci and they have a cuboidal cell arrangement.

Blautia species are coccoid or oval shaped, pointed ends are often observed.

Anaerobic Gram negative cocci

Veillonella are small cocci arranged in clumps.

Acidaminococcus species are cocci often occurring as oval or kidney-shaped diplococci.

Megasphaera species are cocci arranged in pairs or occasionally occurring in chains.

8.2 Primary Isolation Media

Fastidious anaerobe agar or blood agar with/without neomycin (some anaerobic organisms may be inhibited by neomycin) incubated anaerobically for 48hr at 35-37°C⁶¹.

Note: Some species may require longer incubation.

8.3 Colonial Appearance

| Genus | Characteristics of growth on fastidious anaerobe agar after incubation anaerobically at 35-37°C |
|--------------------------------------|--|
| Gram positive anaerobic cocci | |
| <i>Finegoldia magna</i> | Small colonies (<1.0mm), often with variation in size and colour. Colonies may be both convex and whitish and flatter and translucent on the same plate. |
| <i>Peptostreptococcus</i> species | Colonies 1-2mm in diameter, grey with slightly raised off-white centres, sensitive to Sodium Polyanethol Sulfonate (SPS) disc. |
| <i>Anaerococcus</i> species | Colonies 1-2mm in diameter, glistening, low convex and usually whitish to lemon-yellow. |
| <i>Parvimonas micra</i> | Small colonies (<1.0mm), typically white (but sometimes grey), glistening and domed, sometimes surrounded by a yellow-brown halo up to 2mm wide. |
| <i>Peptococcus niger</i> | Small colonies (<1.0mm), raised, grey, becoming dark brown/black. |
| <i>Peptoniphilus</i> species | Colonies are grey, convex, circular, entire, opaque, 2-3mm with a whiter central peak. |
| <i>Atopobium</i> species | Tiny pinhead non-haemolytic colonies (<1.0mm) are formed after 48hr incubation on agar. |
| <i>Coprococcus</i> species | Surface colonies are punctiform, circular, entire, convex, translucent, whitish, smooth, shiny, and without haemolytic activity. |
| <i>Sarcina</i> species | Colonies are pale yellow, 2-4mm in diameter, and were usually surrounded by a yellow halo in the medium. |
| <i>Ruminococcus</i> species | Cells look almost spherical and 0.8-0.9µm in diameter. They also produce yellow pigment on cellulose. |
| <i>Blautia</i> species | Colonies on blood agar are 1-2mm in diameter, grey with a white centre, umbonate and opaque with entire edges. |
| <i>Murdochiella asaccharolytica</i> | Colonies on blood agar plates at 5 days are grey, flat or low-convex, circular, entire, white and opaque with a diameter of 2-3mm. |
| Gram negative anaerobic cocci | |
| <i>Veillonella</i> species | Small colonies (<1.0mm) after 48hr incubation. May fluoresce red under long wavelength UV light (365nm). |
| <i>Megasphaera</i> species | The colonies are circular, convex, shiny, translucent with a smooth surface and approximately 0.5-1.0mm in diameter, non-pigmented and non-haemolytic. They are slightly rough and adherent to butyrous. |
| <i>Acidaminococcus</i> species | Colonies on blood agar are generally about 0.1-0.2mm in diameter and are round, entire, slightly raised, and whitish grey or nearly transparent, non-pigmented and non-haemolytic. |

8.4 Test Procedures

8.4.1 Biochemical tests

Metronidazole sensitivity

A zone of inhibition to metronidazole 5µg disc is considered susceptible. However, resistance has been reported for Gram positive anaerobic cocci – such as *Peptococcus niger* and several species within the genus *Peptostreptococcus* (many of which have been reclassified to other genera). These organisms may be overlooked by this approach⁶².

Carbohydrate Fermentation Tests

Urease Test ([UK SMI TP 36 - Urease Test](#))

This is used to aid in species differentiation eg between *Peptostreptococcus* species.

Spot Indole Test ([UK SMI TP 19 - Indole Test](#))

Additional tests:

Catalase test ([UK SMI TP 8 – Catalase Test](#))

Nitrate reduction tests

Sodium Polyanethol Sulphonate (SPS) Identification discs

Specialized tests:

Gas Liquid Chromatography (GLC)

This is also known as “Gas Chromatography”. This is a separation technique in which the substances to be separated are moved by an inert gas along a tube filled with a finely divided inert solid coated with a non-volatile oil; each component migrates at a rate determined by its solubility in oil and its vapour pressure.

This has been successfully used to classify Gram positive anaerobic cocci into group based on the major end products of metabolism. Its limitations are that many laboratories do not have ready access to GLC equipment and because the protocol is not only laborious but time-consuming⁶³.

8.4.2 Commercial identification systems

Laboratories should follow manufacturer’s instructions and rapid tests and kits and should be validated and shown to be fit for purpose prior to use. Results should be interpreted with caution and in conjunction with other test results.

8.4.3 Matrix-Assisted Laser Desorption/Ionisation - Time of Flight Mass Spectrometry(MALDI-TOF MS)

Matrix-assisted laser desorption ionization time of flight mass spectrometry (MALDI-TOF MS), which can be used to analyse the protein composition of a bacterial cell, has emerged as a new technology for species identification. This has been shown to be a rapid and powerful tool because of its reproducibility, speed and sensitivity of analysis. The advantage of MALDI-TOF as compared with other identification methods is that the results of the analysis are available within a few hours rather than several days. The speed and the simplicity of sample preparation and result acquisition

Identification of anaerobic cocci

associated with minimal consumable costs make this method well suited for routine and high-throughput use⁶⁴.

MALDI-TOF MS has become the new gold standard for the routine identification of clinical anaerobes and will over time replace other identification techniques in the clinical microbiology laboratories⁶⁵.

MALDI-TOF MS has been used for the identification of phylogenetically heterogeneous groups of microorganisms such as Gram positive anaerobic cocci and for identifying Gram negative anaerobic cocci such as *Veillonella* species^{41,66,67}. However, existing databases will need to be expanded and optimised to improve accuracy⁴⁰.

8.4.4 Nucleic Acid Amplification Tests (NAATs)

PCR is usually considered to be a good method for bacterial detection as it is simple, rapid, sensitive and specific. The basis for PCR diagnostic applications in microbiology is the detection of infectious agents and the discrimination of non-pathogenic from pathogenic strains by virtue of specific genes. However, it does have limitations. Although the 16S rRNA gene is generally targeted for the design of species-specific PCR primers for identification, designing primers is difficult when the sequences of the homologous genes have high similarity.

This has been used for the rapid identification of Gram positive anaerobic cocci and will therefore permit a more accurate assessment of the role of various GPAC species in infection and of the degree of antimicrobial resistance in each of the group members³⁸.

8.5 Further Identification

Rapid Methods

A variety of current typing methods have been developed for isolates from clinical samples; these include molecular techniques such as PCR- restriction fragment length polymorphism (PCR-RFLP), 16S rRNA gene sequencing and even whole-genome sequencing (WGS). All of these approaches enable subtyping of strains, but do so with different accuracy, discriminatory power, and reproducibility.

However, some of these methods remain accessible to reference laboratories only and are difficult to implement for routine bacterial identification in a clinical laboratory.

16S rRNA gene sequencing analysis

A genotypic identification method, 16S rRNA gene sequencing is used for phylogenetic studies and has subsequently been found to be capable of re-classifying bacteria into completely new species, or even genera. It has also been used to describe new species that have never been successfully cultured.

This has been used to accurately identify Gram positive anaerobic cocci, eg *Peptostreptococcus anaerobius*, *Peptoniphilus harei*, *Finegoldia magna*, *Parvimonas micra*, *Atopobium* species etc. as well as Gram negative anaerobic cocci, eg *Megasphaera* species, *Acidaminococcus* species, etc^{36,39,68}.

This technique has also been used to reclassify organisms to other genera (for example, the genus *Peptostreptococcus* is very heterogeneous and so *Peptostreptococcus magnus* and *Peptostreptococcus micros* were transferred to two

new genera, *Finegoldia* and *Parvimonas*, respectively) as well as to describe and characterise new species, eg *Atopobium vaginae*, *Peptoniphilus gorbachii*, *Peptoniphilus olsenii*, and *Anaerococcus murdochii* isolated from human clinical specimens^{59,60}.

PCR- restriction fragment length Polymorphism (PCR-RFLP)

This method requires only PCR and one or two enzymes and therefore is technically less demanding than the majority of other molecular approaches. It is easier to use, less expensive and less equipment dependent than sequencing. Due to the limited number of stable features that can be used for species discrimination, many taxa remain difficult to distinguish from one another and are misidentified by phenotypic tests.

PCR protocols based on 16S rRNA gene sequences has been developed and used for the identification of *Parvimonas micra* by using specie specific primers followed by RFLP analysis. This has proved to be an adequate tool for the correct identification, irrespective of their phenotypic characterization but further studies needs to be done to confirm the copy number of rRNA operons in *P. micra* and to correlate the different genotypes with phenotypic traits and virulence⁶⁹.

It has also been used for the identification of *Peptostreptococcus* species in clinical microbiology laboratories⁷⁰.

Whole Genome Sequencing (WGS)

This is also full genome sequencing, complete genome sequencing, or entire genome sequencing. It is a laboratory process that determines the complete DNA sequence of an organism's genome at a single time. There are several high-throughput techniques that are available and used to sequence an entire genome such as Pyrosequencing, nanopore technology, Illumina sequencing, Ion Torrent sequencing, etc. This sequencing method holds great promise for rapid, accurate, and comprehensive identification of bacterial transmission pathways in hospital and community settings, with concomitant reductions in infections, morbidity, and costs.

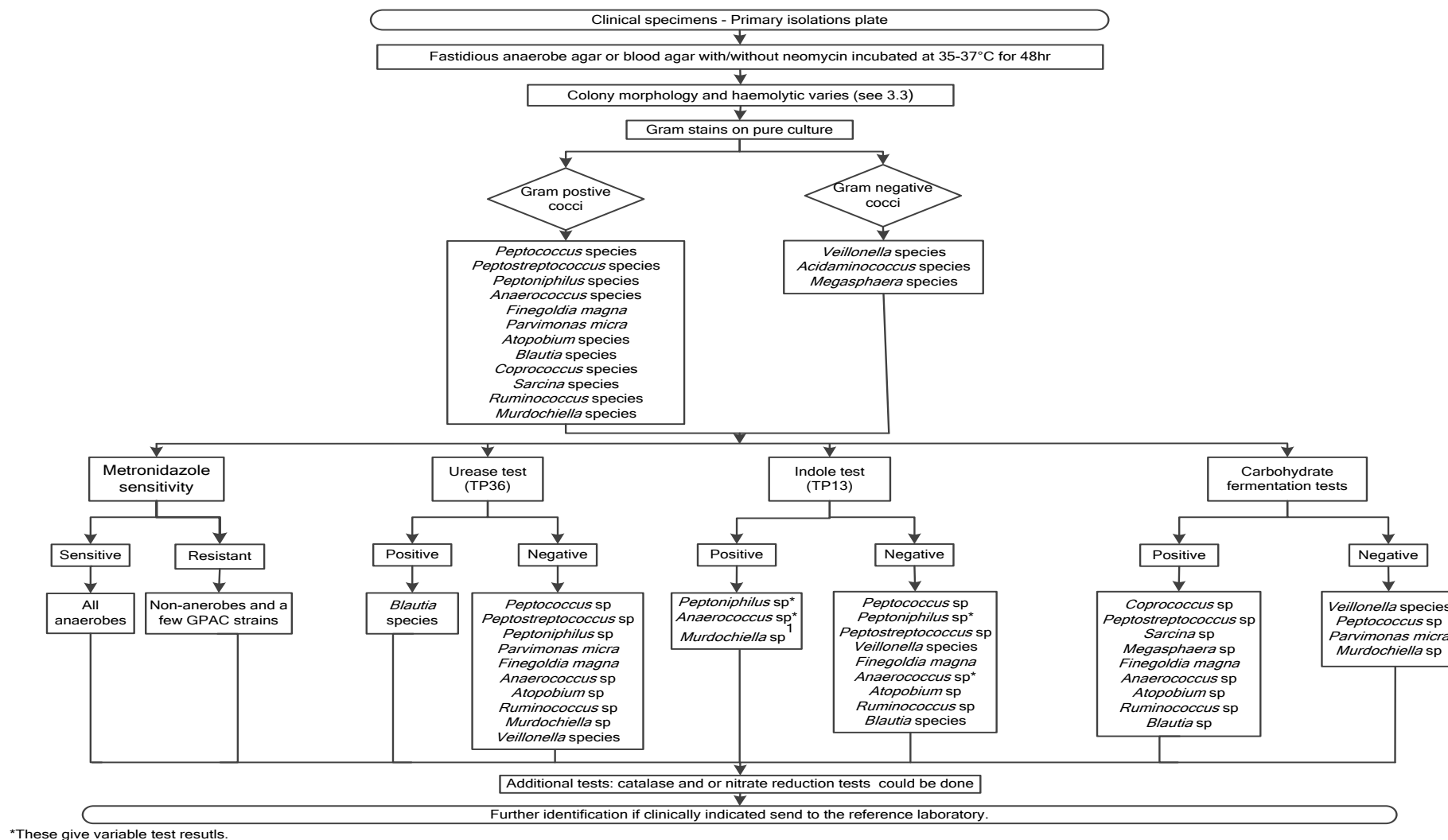
WGS was first used for the complete genome sequence of *Finegoldia magna* amongst other GPAC in detail and its nature as an opportunistic pathogen⁷¹. This has been used to characterize the genomic structure of *Anaerococcus prevotii*⁷².

This rapid method has also been used successfully to explore the phylogeny of human oral pathogen, *Atopobium parvulum* that has been found to be associated with halitosis (oral malodour) but not with periodontitis⁷³.

8.6 Storage and Referral

If required, save the pure isolate in fastidious anaerobe broth with cooked meat for referral to the Reference Laboratory.

9 Presumptive Identification of Anaerobic Cocci



10 Reporting

10.1 Presumptive Identification

If appropriate growth characteristics, colonial appearance, Gram stain and metronidazole susceptibility is demonstrated.

10.2 Confirmation of Identification

Following commercial identification kit results and/or the Reference Laboratory report.

10.3 Medical Microbiologist

According to local protocols, inform the medical microbiologist of presumptive or confirmed anaerobes when the request bears relevant information, eg:

- Septicaemia
- Empyema, surgical wound infection, abscess formation (especially cerebral, intraperitoneal, lung, liver or spleen)
- Puerperal sepsis
- Necrotising myofasciitis
- Suspicion of Lemierre's Syndrome (post anginal sepsis, often with jugular suppurative endophlebitis and haematogenous pulmonary abscesses)

Follow local protocols for reporting to clinician.

10.4 CCDC

Refer to local Memorandum of Understanding.

10.5 UK Health Security Agency

Refer to current guidelines on CIDSC and COSURV reporting.

10.6 Infection Prevention and Control Team

N/A

11 Referral to reference laboratories

For information on the tests offered, turnaround times, transport procedure and the other requirements of the reference laboratory [see user manuals and request forms](#)

Contact appropriate reference laboratory for information on the tests available, turnaround times, transport procedure and any other requirements for sample submission:

[England](#)

[Wales](#)

[Scotland](#)

[Northern Ireland](#)

Note: In case of sending away to laboratories for processing, ensure that specimen is placed in appropriate package and transported accordingly.

12 Public Health responsibilities of diagnostic laboratories

Diagnostic laboratories have public health responsibility as part of their duties. Amongst these are additional local testing, or referral, to further characterise the organism, as required, primarily for public health purposes e.g. routine cryptosporidium detection; serotyping or microbial subtyping; and a duty to refer appropriate specimens and isolates of public health importance to a reference laboratory.

Diagnostic laboratory outputs inform public health intervention, and surveillance data is required to develop policy and guidance, forming an essential component of healthcare. It is recognised that additional testing and referral of samples may entail some costs that has to be borne by the laboratory but in certain jurisdictions these costs are covered centrally.

Diagnostic laboratories should be mindful of the impact of laboratory investigations on public health and consider requests from the reference laboratories for specimen referral or enhanced information.

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An explanation of the reference assessment used is available in the [scientific information section](#).

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