

# Paediatric and perinatal pathology workforce

## Briefing | UK

There is a crisis facing paediatric and perinatal pathology (PPP) services. Only 3% of PPP consultants believe that current staffing levels are adequate to ensure the long-term sustainability of their service. Severe resourcing issues and workforce shortages are leaving PPP consultants unable to meet increasing demand.

Urgent action is needed to address this situation that has been worsening for over 2 decades. Clear workforce strategies are needed across all 4 countries to enable the provision of resilient and sustainable services in PPP for UK families for the foreseeable future.

## What do paediatric and perinatal pathologists do?

Paediatric and perinatal pathologists have a crucial role in the diagnosis and treatment of a variety of conditions in fetuses, infants and children. In many cases, diagnoses can help to screen other family members who may be affected. They also undertake post-mortem examinations which provide information about cause of death and – where relevant – give information that aides treatment in subsequent pregnancies.

#### Impact on families

The workforce crisis is having a significant and distressing impact on families who experience unacceptable delays when waiting for test results. Bereaved families are facing a major increase in waiting time – or transfer out of their region – for post-mortem examination of their babies and children. 1 in 5 are now waiting 6 months or more, and some longer than 12 months. There are simply not enough consultants to undertake this work and families are suffering.

## **Key findings**



The UK has 52 PPP consultants working 46.35 whole-time equivalents (WTE). This comprises 43 in England, 7 in Scotland and 2 in Wales.



There are no PPP consultants in Northern Ireland, and in the South West and Midlands areas of England, causing total service collapse in these areas.



A quarter of the PPP consultant workforce is likely to retire in the next 5 years.



37% (30) of consultant PPP posts in the UK are vacant.



Only 3% of PPP consultants believe current staffing levels are adequate to ensure the long-term sustainability of their service.



Recruitment is almost impossible due to a national shortage of qualified candidates; 83% of PPP consultants report issues with recruitment in their departments.



Only 13 resident doctors are in approved PPP specialist training. This is insufficient for current let alone future workforce needs.



By 2030, 37 (31.1 WTE) additional PPP training posts need funding to fill vacancies and help ensure succession planning.

## College recommendations

The future of high-quality and sustainable PPP services for babies, children and their families is dependent on investment in the workforce. Unless the multiplicity of issues are resolved, the PPP service provision crisis will deepen even more. The time to act is now.

## **Train**



- A phased expansion of PPP training posts up to 37 (31.1 WTE) across the UK by 2030 to help manage current consultant vacancies and help ensure succession planning. Funding must be committed for consultant posts to ensure that those completing training are able to secure employment. Recruitment should focus on centres or regions with workforce gaps, ensuring that high-quality supervision and practical PPP experience can be realistically delivered; where local opportunities are limited, flexible approached should be considered.
- Governments must commit funding and resources for continued development of Fellowship in Paediatric and Perinatal Pathology and fund 10 fellowships in the next 10 years, with committed support for training sites and a clause for graduates to stay working in the NHS for a specified period of time included in the contract.
- Continue ongoing process of curriculum review for PPP residents to improve and maintain the highest standards of PPP workforce development, so that staffing does not affect quality of training. This includes supporting access to practical PPP experiences where feasible, with flexible approaches to accommodate centre capacity and trainee needs. This requires funding and educational support from all 4 governments to substantiate curricular development and attract doctors into the specialty.
- Review the routes of entry for PPP and consider implementation of localised and more frequent recruitment to support local interested candidates. This includes committed funding by NHS organisations to training posts allocated by deaneries to areas that are underserved so that these posts can be taken up.
- Increased financial support through study leave budgets for residents to attend specialist meetings and training overseas, which may be the only way for PPP residents to access educational opportunities.

### Retain



- Increased workforce support with dedicated biomedical scientists, anatomical pathology technicians and administrative support in each paediatric pathology unit – delivered flexibly to meet the needs of the service, together with managerial support that recognises the unique pressures facing PPP.
- Greater support for funding via study leave budgets to recognise the additional expenses of maintaining high-quality care in PPP, where education and learning opportunities are frequently outside the UK.
- Dedicated protected time for professional development to enable PPP consultants to have time to train the next generation and support their own personal development.

  As a minimum consultants should be provided with 2.5 supporting professional activities (SPAs) in line with guidance from the Academy of Medical Royal Colleges.

#### Reform



- Create a cadre of additional workforce by upskilling biomedical science/science graduates to do a 2-year Diploma Course in Placenta Reporting (to be jointly developed by the Institute of Biomedical Science [IBMS] and RCPath) so they can be appointed as consultant healthcare scientists, supervised by medical consultants.
- Create opportunity for histopathologists for example gynaecological pathologists – engaged in placenta reporting to enrol in a funded short online placenta reporting course (3–6 months) with opportunities for external quality assurance (EQA) and continuing professional development (CPD) by their respective employing departments.
- Collaboration between the College, the 4 governments and employers to support the targeted recruitment of 25 WTE paediatric and perinatal pathologists with calls to the EU and EEA. Approach suitably trained consultants through national and international advertising and provide support to ensure candidates meet General Medical Council (GMC) and RCPath requirements to take up the vacant posts. Recruitment should be phased according to service need.
- ✓ Invest in digital pathology and research projects to aid the progress of artificial intelligence as part of transformation programmes – timely technological developments can help transform pathology services in the NHS and beyond.

- Work should continue across the UK to include clear workforce planning to determine the number of qualified paediatric and perinatal pathologists required to provide a resilient service now and in the future.
- Governments to improve and standardise data collection, commissioned across the 4 nations, to capture the extent of the backlog

- of paediatric and perinatal cases to inform this planning.
- ✓ In England, the Department of Health and Social Care (DHSC) should continue to progress work previously set up under NHS England's Perinatal Pathology Transformation Programme to implement interventions to increase perinatal pathology service capacity over time and improve the post-mortem reporting time in England.

## Contingency

- Continued development of guidance, such as the placental pathway publication, which revised the indications for placenta requiring histopathological examination, to reduce the number of referrals to where it makes the most valuable contribution to maternal care.
- Continued identification of prioritisation and hub working as effective ways of managing excess workload, such as the interim guidance from NHS England, which sets out the criteria for perinatal post-mortem investigation of fetal and neonatal deaths in England and Wales.
- Continued support for mutual aid as long as this is supported by concurrent efforts to increase the workforce more broadly.



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