Annual Review of Competence Progression (ARCP) guidance for Chemical Pathology and Chemical Pathology (Metabolic Medicine) during the COVID-19 outbreak

Introduction
This guidance should be read alongside the following (also available on the College website):
- Contingency planning for ARCPs – COVID-19 outbreak, the publication of Management of Annual Review of Competency Progression (ARCP) by the Statutory Education Bodies;
- Supporting the Covid-19 Response: Enabling Progression at ARCP and Coding for ARCPs and;
- the Derogation to GG8: 4.91 in response to COVID pandemic and impact on trainee progression assessments (ARCP).

This guidance was approved by the General Medical Council for all May to August 2020 ARCPs on 13 May 2020.

The Chemical Pathology College Specialty Training Committee is cognisant that a disruption in training due to examination deferral, temporary redeployment out of specialty and/or temporary suspension of training is beyond the control of the trainees concerned and that training progression and ARCPs should adjust expectations accordingly.

General guidance for trainees and trainers in the chemical pathology specialties
- Trainees must follow any adopted national practice and safety guidance with respect to the handling of samples and their own personal conduct inside and outside of work premises.
- If trainees are redeployed from their current specialty during the COVID-19 emergency measures and they have opportunity to undertake WBAs that cover the generic aspects of the training curriculum, then they should do so.
- Sick leave/special leave should be discussed with Educational Supervisors/TPDs as normal and taken into consideration by the ARCP panel.
- Trainees in Stage A of training who have demonstrated sufficient progress during the year at their ARCP may progress to Stage B without the Stage A examination which has been deferred.

Critical progression points for chemical pathology and chemical pathology (metabolic medicine)
- The critical progression points are for trainees moving from stages B to C and stages C to D as well as any trainees in Stage D who have sufficient evidence to demonstrate that they have completed their training. Trainees in these situations should be prioritised for their ARCP.
- Trainees in Stages B and C who have sufficient evidence to present to the ARCP panel of the curriculum defined competences and who are in possession of the FRCPath Part 1 (for progression to Stage C) and FRCPath Part 2 (for progression to Stage D) may proceed to the appropriate stage of training may be awarded an outcome 1 and progress to the next stage of training.
- Trainees in Stages B and C who are not in possession of the FRCPath Part 1 (for progression to Stage C) and FRCPath Part 2 (for progression to Stage D) should be awarded an outcome 10.2.
Trainees in stage D who have sufficient evidence to present to the ARCP panel of the curriculum defined competencies may be awarded an outcome 6 and apply for CCT if they are within 6 months of their projected CCT date.

It is noted that PYAs are suspended.

The minimum data set for each year of training
For the 2020 ARCPs, it is expected that the Educational Supervisors Structured Report (ESSR) will be a key part of the evidence. It may include indicative assessment of the trainee, mindful of the impact of Covid-19.

The portfolio of evidence provided by the trainee for the period under review can include:
- any workplace-based assessments completed. The number of workplace-based assessments required for each year or stage of training is indicative. These can include any undertaken during redeployment which demonstrate evidence of generic or other relevant skills;
- any indicative cases undertaken;
- an MSF (although trainees who have not completed a required MSF but are otherwise satisfactory must undertake their MSF in the following year);
- suitable and appropriate alternative evidence (see ‘Learning Experiences’ listed in each curriculum for guidance).
- any College exams completed prior to Covid-19.

Where there is overall evidence that a trainee is generally achieving progress and competences at the expected rate but has not been able to provide the indicative number of workplace-based assessments, suitable and appropriate alternative evidence can be taken into consideration.

Where there is overall evidence that satisfactory progress is not being made and an indicative number of workplace-based assessments has not been provided, trainees will generally be required to complete additional workplace-based assessments in the following year, as determined by the ARCP Panel.

The ARCP Panel are encouraged to be very clear with all trainees about any additional training, competencies, assessments or other requirements that must be achieved in the following year and document these accordingly.

There is clear guidance in each curricula and/or in additional guidance about the requirements for each stage or year of training. ARCP Panels are encouraged to refer to these, and existing ARCP guidance, and make an overall judgement about progression for each trainee, taking into account impact of Covid-19.

Conducting the ARCP
ARCPs can take place virtually, via secure videoconferencing, on appropriate platforms as determined by each deanery or LETB. The privacy of the individuals involved must be maintained, regardless of the physical location of all participants.

The ARCP outcome should be recorded on the revised RCPPath Amended ARCP Outcome Form (under ‘College Guidance and Advice’). For trainees awarded an outcome 10.1 or 10.2, the ‘Supplementary documentation for ARCP Outcome Form’ must also be completed detailing what is required for a trainee to complete during the subsequent year of training. These forms should be emailed to the Royal College of Pathologists (training@rcpath.org). Outcomes will be recorded in the Royal College of Pathologists database which records trainee progress and subsequently updated in the trainee’s eportfolio.

Criteria for non-progression
The criteria for non-progression is as follows:
- Serious concerns arising out of a recent Multi Source Feedback exercise (if undertaken).
- Any evidence presented in relation to serious probity/patient safety concerns.
Trainees who have not passed FRCPath Part 1 (for progression from Stage B to C) or FRCPath Part 2 (for progression from Stage C to D). This includes where examinations have been deferred. Trainees will not be penalised by the ARCP process if their examination has been deferred by the RCPath. Trainees should be given an outcome 10.2 extension to training in order to allow them the necessary time to revise and sit the requisite examination. This may affect trainees hoping to transition from stage B to stage C and from Stage C to Stage D.

Circumstances where a complete ARCP panel would be required
The circumstances where a complete ARCP panel would be required are where evidence is presented in relation to serious probity/patient safety concerns.

Amendments to the person specification needed to facilitate career progression of trainees who have been unable to acquire capabilities in their core programme due to the impact of Covid-19
Please refer to the JRCPTB statement on COVID-19 and Recognition of Trainee Progression in 2020.

Advice regarding capabilities which may be gained in an acting up position within a defined education/development plan
Trainees who have spent additional time in Stage C while waiting to complete their FRCPath Part 2 examination may, if they are on track to complete their training satisfactorily, spend reduced time in Stage D (a minimum of six months), and/or may accumulate evidence of competences during an acting up position within a defined training and development plan. Six months is the minimum period allowable for Stage D in order to ensure that trainees have been able to obtain suitable competencies prior to the award of the Certificate of Completion of Training (CCT) and taking up a consultant post. Trainees are encouraged to follow the course of action that is right for their individual circumstances and with the support of their Educational Supervisor/Training Programme Director.

Further guidance may be issued in due course.

References
Contingency planning for ARCPs – COVID 19 outbreak
Derogation to GG8: 4.91 in response to COVID pandemic and impact on trainee progression assessments (ARCP)
Gold Guide 8th edition
Curricula and ARCP guidance
<table>
<thead>
<tr>
<th>Curricular component</th>
<th>Comment</th>
<th>Recommended ARCP outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemical Pathology and Chemical Pathology (Metabolic Medicine) ST1-ST5/ST3 - 7</td>
<td></td>
<td></td>
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<tr>
<td>Stage A examination</td>
<td>Examination not going ahead. Trainees to present alternative evidence.</td>
<td>ARCP10.1</td>
</tr>
<tr>
<td>Covid has caused disruption to training including redeployment</td>
<td>E.g. Limitation of exposure to samples, clinics and experience, MDT, courses, QIPs and research opportunities.</td>
<td>ARCP 10.1</td>
</tr>
<tr>
<td>Postponement of FRCPath Part 1 examination</td>
<td>Completion necessary for progress to Stage C. Balance between satisfactory progress and pressurising by extra requirements in already busy Stage C.</td>
<td>ARCP10.2</td>
</tr>
<tr>
<td>Postponement of FRCPath Part 2 examination</td>
<td>Completion necessary for progress to Stage D. Balance between satisfactory progress and pressurising by extra requirements in already busy Stage D.</td>
<td>ARCP10.2</td>
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<td>No disruption to training</td>
<td>Trainee on course to complete requirements for year of training, including acquisition of relevant examination.</td>
<td>ARCP 1</td>
</tr>
<tr>
<td>No disruption to training</td>
<td>Concerns raised about trainee (including probity and patient safety as well as general progress)</td>
<td>ARCP 2, 3, or 4</td>
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<tr>
<td>Completion of training</td>
<td>Trainee on course to complete training, including acquisition of relevant examination.</td>
<td>ARCP 6</td>
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