

Algorithm for symptomatic staff, symptomatic household testing and further actions

11 April 2020

Relevant history and clinical symptoms:

- Date of onset of symptoms
- Type of symptoms; any of:
 - fever ≥37.8°C
 - new onset persistent cough (with or without sputum), hoarseness, nasal discharge or congestion, shortness of breath, sore throat, wheezing, sneezing
 - new onset anosmia with or without headache.

Table 1: Decisions and actions

Staff status	Before swab result	COVID test swab result	Actions
A) Symptomatic staff	Await swab result	Not detected = Fit	Return to work once 48 hours symptom free (to cover other viral respiratory infections); continue good hand hygiene.
The symptomatic staff gets swabbed on Day 3 or 4 of symptoms			Work from home depending on health condition and nature of work, in discussion with line manager.
			If becomes symptomatic, inform line manager promptly.
		Detected = Not fit	Staff member continues self-isolation for required 7 days and return to work if symptoms free for 48 hours other than dry cough; continue good hand hygiene.
			Work from home depending on health condition and nature of work, in discussion with line manager.
			If becomes symptomatic, inform line manager promptly.

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Staff status	Before swab result	COVID test swab result	Actions
B) Asymptomatic staff with symptomatic Household Index Case(s) History of possible	Fit to work from home where appropriate; otherwise await swab result	Not detected = Fit	Return to work If subsequently staff becomes symptomatic, inform line manager promptly. Symptomatic staff to be tested as per above symptomatic staff route.
contact with positive case(s) The symptomatic household index case(s) gets swabbed on their Day 3 or 4 of symptoms		Detected = Not fit	Staff member continues with household isolation for 14 days; work from home, practice good hand hygiene. Work from home depending on health condition and nature of work, in discussion with line manager. If becomes symptomatic, inform line manager promptly.

Table adapted from Public Health England (PHE) stay at home guidance, as well as PHE guidance on the management of hospital staff and patients who have been exposed to COVID-19.

PHE. Stay at home: guidance for households with possible coronavirus (COVID-19) infection. Available from: https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-householdswith-possible-coronavirus-covid-19-infection

PHE. COVID-19: management of exposed healthcare workers and patients in hospital settings. Available from: https://www.gov.uk/government/publications/covid-19-management-of-exposed-healthcare-workers-and-patients-inhospital-settings

Figure 1: COVID-19 algorithm – advice for staff following testing



Figure from Neil Pease (@drneilpease), on behalf of @TeamNUH, Nottingham University Hospitals NHS Trust.